

HEARTBEATS

Neighborhood Newsletter

StreetHeart is a neighborhood program from Eaton Community Health (ECH). ECH is a local nonprofit supported by grants, donors and other contributions. ECH funds various healthy neighborhood projects.

Rock the Crock Neighborhood Cooking Program

StreetHeart Block Leaders have partnered with Lawrence Ave. Methodist Church, to launch a new Neighborhood Cooking Program. Rock the Crock is a FREE neighborhood program that delivers new recipes and all the ingredients needed for families to make meals together one night a week.

This eight week program provides two local celebration events for all registered neighbors, and six weekly deliveries that includes everything you need to cook a meal together as a family. All of the cooking tool are provided to participating families.

Weekly Video Instructions will be posted in a private Facebook Page so that families can follow along while learning a new recipe. Neighbors are encouraged to use this private platform to share photos & feedback of the meals each week with each other throughout the program.

Registration is open until Nov 22, 2024 & selected families will be notified on Nov 25th 2024. Families can register for this program by using the QR code below, or by sending an email to Kalli@ECH-Eaton.org for more info.



Program Dates

Kickoff Event: Tuesday January 7th : Time TBD

Weekly Meals Delivered: January 12th-February 16

Celebration Event: Tuesday February 25th : Time TBD



Become a Block Leader!

Be paid \$125 every 3 months, as you work with other block leaders and neighbors on neighborhood improvements!

If you or someone in your household might be interested in learning more, reach out to Neighborhood Coordinator, Kalli@ECH-Eaton.org for more info!

Upcoming Events

11/23 8am Free Ham/Turkey
First Lutheran Church
550 E Shepherd

11/28 11:30am- 1pm
Free Thanksgiving Dinner
Eaton Senior Center

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NeighborConnect: Neighborhood Volunteer Program

In every neighborhood, there are moments when a little help can make a big difference. Whether it's shoveling snow, raking leaves, or lending a hand with small household projects, the simple acts of neighborly kindness create a stronger, more connected community. That's why we are excited to introduce **NeighborConnect**, a new neighborhood volunteer program designed to bring neighbors together to support each other.

NeighborConnect allows residents to sign up to volunteer their time, tools, and skills to help others in the community who need assistance. From winter snow shoveling to fall leaf raking, or even helping with small home repairs, NeighborConnect offers a way for neighbors to help neighbors with tasks that may be difficult to handle alone.

Neighbors who are in need of assistance can reach out to the StreetHeart Neighborhood Coordinator, Kalli, at Kalli@ECH-Eaton.org. Kalli will connect those in need with volunteers in the area who have signed up to lend a hand. Whether you need help or want to offer your time, NeighborConnect is here to bring us together and make sure that no one has to face challenges alone.

By volunteering just a little of your time or offering a few tools, you can make a real difference in someone's day—and in the life of your community. Sign up to be a NeighborConnect Volunteer Today by reaching out to Kalli@ECH-Eaton.org for more info!



Did You Know...



History Marker Project Application Deadline Extended

StreetHeart Block Leaders are working together to create a Neighborhood History Walk that encourages families to connect to our neighborhood in a new way. Families who live within the StreetHeart Neighborhood can apply for a Historical Marker from the Eaton County Historical Commission. StreetHeart Block Leaders have offered to offset the cost with a \$35 grant for Neighbors who apply to obtain a new History Marker for their home. If your home already has a Historical Marker, we would love to include your home in the walking tour. Reach out to your Neighborhood Coordinator, Kalli, for more information on how to apply!